



## Youth in Transition to Adulthood Services

The First Nations Health Consortium (FNHC) Youth in Transition to Adulthood services are about making connections and linkages between First Nations and Inuit youth in Alberta and required support services.

A Youth Transition Coordinator will work with families, young people and those in early adulthood to assess, plan and collaborate to identify services or potential gaps in services that are required to meet the needs of youth transitioning into adulthood.

### What do we assist with?

#### Preventative Supports:

- Life skills information
- Identification support
- Connection to culture and community
- Post-secondary education supports and navigation
- Inclusive employment readiness and referrals

#### Critical Needs:

- Mental health support navigation
- Interagency meetings and referrals
- **Applications support including:**
  - Assured Income for the Severely Handicapped application support (AISH)
  - Persons with Developmental Disabilities (PDD) applications
  - Guardianship and Trusteeship applications (OPTG)



### How can you access these services?

Call 1-844-558-8748 or visit: [www.abfnhc.com/transition](http://www.abfnhc.com/transition).

## Benefits of working with a Transition Coordinator

- **Provide support and guidance** to parents/caregivers to plan for youth transitioning into adulthood.
- **Identify the youth's long-term needs** in collaboration with the family.
- **Identify gaps in services for young people who are aging out** of Jordan's Principle and other services in the community, regardless of residency on or off-reserve.
- Work in partnership with FNHC Regional Service Coordinators and other agencies to **provide wrap-around supports for youth.**
- Provide preventative **community training, presentations and workshops.**

Our staff have community connections and lived experience as Indigenous People and those with personal knowledge of youth support services, which allows us to build relationships with youth and families from a place of understanding and compassion.



## About the First Nations Health Consortium

The First Nations Health Consortium (FNHC) supports First Nations and Inuit children and families with Jordan's Principle applications in Alberta to ensure children and youth can access the services or supports they need, in line with the Jordan's Principle child-first legal ruling.

FNHC staff work with First Nations families on treaty status registration assistance as well as advising youth during their journey into adulthood. The FNHC also collaborates and fundraises with partner organizations to implement community programming in sports and recreation, early childhood reading and youth engagement initiatives.



FIRST NATIONS  
HEALTH CONSORTIUM

**Toll Free: 1-844-558-8748 | Website: [www.abfnhc.com](http://www.abfnhc.com)**

Begin a Jordan's Principle Application online: [www.abfnhc.com/intakes](http://www.abfnhc.com/intakes)

**EDMONTON:** 17015-105 Avenue NW - Edmonton, AB T5S 1M5 | Fax: (780) 784-8842

**CALGARY:** #100, 3016-19 Street NE - Calgary, AB T2E 6Y9 | Fax: (587) 391-1362