

FIRST NATIONS HEALTH CONSORTIUM NEWSLETTER

DECEMBER 2023



LOVE

Our Values

We have love and affection for our People.

RESPECT

We value and honor the diversity of First Nations cultures, languages and aspirations

FAIRNESS

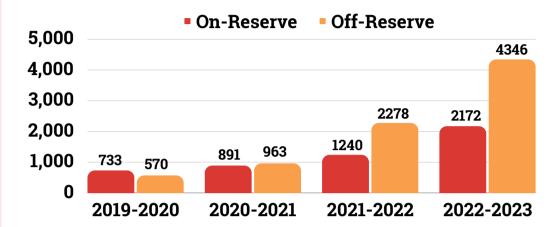
We are fair and equitable in all our actions and decisions.

COMPASSION

understand each other's individual and community experience



ALBERTA JORDAN'S PRINCIPLE **APPLICATION GROWTH: 2019 - 2023**



Total Jordan's Principle Applications



1,000 2,000 3,000 4,000 5,000 6,000 7,000

We are serving **higher numbers** of First Nations and Inuit children annually as awareness grows about the availability of services and supports through Jordan's Principle.

Click the link below -**2021-2023 Annual Report: Bridging the Gaps** to learn more about us! **^^^^^**



SPORTS & RECREATION PILOT PROJECT





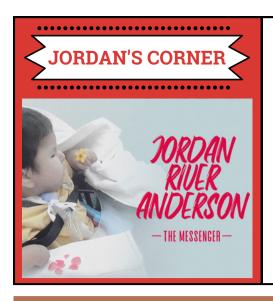






At our organization, we believe in the power of sports to unite people, instill teamwork, and boost self-confidence. With the support of the HockeyAlberta Foundation and CIMS, we are excited to welcome ten communities to our Sports & Recreation Pilot Project. Together, through this project, we aim to improve the health and mental wellbeing of First Nations youth through physical activity, and address serious health concerns that impact our communities.

Join us in building a stronger, more connected community through the power of sports. Visit our website here to learn more and find out how you can get involved: https://abfnhc.com/sports-and-recreation-pilot- project/



We highly recommend watching Alanis Obomsawin's film "The Messenger," which tells the story of Jordan River Anderson's life. By sharing this documentary, we hope create a better understanding of Jordan's Principle and why the fight for equal access to social, health, and education services for all First Nations and Inuit children across Canada is important.

YOUTH TRANSITION SERVICES

Our organization recognizes that many youth lose supports when they turn 18. Our team of Indigenous Youth Transition Coordinators are here to support you on your journey. We meet you where you are and provide personalized support to help you apply for the supports you need. Whether you need assistance with paperwork, understanding eligibility requirements, or finding relevant resources, our team is here to guide you every step of the way.

Our coordinators will advocate on your behalf and help you navigate the resources available to you.

Here are some examples of what we can assist with:

- Guardianship/Trusteeship Applications (OPTG)
- Assured Income for the Severely Handicapped (AISH) **Applications**
- Persons with Developmental Disabilities (PDD) Applications
- Post Secondary Navigation
- Inclusive Employment Options
- Mental Health Support Navigation
- Foundational Learning Assistance
- And so much more!

RESOURCE

Thrift Stores

Prepare for Winter with Affordable and Sustainable **Fashion**

- Get ready for the winter season by visiting thrift stores near you. Find warm and cozy clothes for yourself and your kids at affordable prices.
- Not only does thrift shopping save you money, but it is also an eco-friendly option that helps reduce waste. By purchasing secondhand clothes instead of new ones, you can contribute to the 'reduce, reuse, recycle" movement.

AHS Indigenous Support Line

1-844-944-4744

Call if you're an Indigenous person that has questions about AHS, has a concern, or needs to find help or navigation.

211 Alberta

https://ab.211.ca/

211 is an essential service that helps Albertans find the right resource or service for whatever issue they need help with, at the right time. 211 is available 24/7 by phone, text and chat. The service is free, confidential and available in over 170 languages over the phone.

FIRST NATIONS **HEALTH CONSORTIUM** OFFICE LOCATIONS

High Level

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Wabasca

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High Prairie

0000

Grande Prairie

0000

St. Paul

0000

Sturgeon Lake

0000

Lac La Biche

0000

Edmonton

0000

Maskwacis

0000

Calgary

0000

Lethbridge

DID YOU KNOW?

You can start an intake with us online through our website!

Scan the QR Code to be brought to our website where you can start an intake and learn more about the First Nations Health Consortium

